



Junior Hurricanes

Carolina Junior Hurricanes Youth Hockey Club Player Code of Conduct and Contract

Each year we want all hockey players and their parents or guardians to know what is expected of them through the hockey season. Everyone should endeavor to have a fun learning experience each year with minimum distractions. It is our hope that with mutual consent from players, parents, and coaches that this will be accomplished. Cooperation and teamwork is vital to your team's success!

Player Code of Conduct Contract

In exchange for the opportunity to play for the Carolina Junior Hurricanes Youth Hockey Club, I promise to do the following:

Work Hard in School. I promise to work hard in school and maintain my grades above all else. Hockey comes second to all school projects and work. I understand that my coach can ask to see my report card at any time to ensure that I am maintaining my grades.

Attend all Practices and Games and be on time. I promise to be at the rink and on the ice at the time the practice or game is scheduled. I understand that if I am late for a game or practice it makes it hard for my coaches and teammates. If I contact my coach before the practice starts and miss practice because of illness, church or special family activities my absence will be excused. If I miss a practice or game without being excused, I understand the coach may enforce a penalty such as reduced playing-time.

Be Prepared To Play. I promise to come to every practice, game and scrimmage prepared to play hard and do my best. I will take care of my equipment and my uniform. I will take care

of my body by eating right and getting enough sleep before games and I will be responsible for making sure I am ready to play hockey.

Be Ready to Learn. I will come to every practice and game ready to learn more about hockey and how to play the game. I will accept and forgive my mistakes and the mistakes of my teammates, coaches, referees and officials because I understand that we can all learn from our mistakes.

Have a Winning Attitude. I like to win and my team likes to win and I know that a big part of a winning season is a winning attitude. That means that I will try hard, never give up and always try to encourage my teammates to do the same. Then, even if we do not win, we can be proud of ourselves for having given our best effort.

Respect My Teammates. I will treat my teammates respectfully and will encourage them so they can do their best. I will help my teammates by exercising self-control both on and off the ice and to have fun without making it hard for anyone else to have fun. I will never “make fun of” or “put-down” a teammate because those remarks reflect poorly upon me and my team. I will not use offensive language around my teammates.

Respect My Coaches. I will listen to my coaches and try to understand what they are trying to teach me. I will ask questions if I do not understand. I will not swear or talk back to my coaches. I will share my ideas but understand that coaches have final say. They have more experience and knowledge.

Respect the Referees. Even though I may disagree with the officials or referees, I will exercise self-control and direct my energy to play harder so that I will earn the respect of my teammates, coaches and the other team. I will not swear to or talk back to the referees.

Respect the Carolina Junior Hurricanes Hockey Club. I will demonstrate pride in Carolina Junior Hurricanes Hockey by respecting all rules of our team and as well as the rules of other rinks and tournaments. Follow the Dress Code. I will wear only team authorized apparel for games. I am part of a team and it is up to me to make sure that I am dressed in the team uniform on and off the ice.

Respect the Locker Room. I understand that the locker room is a place to get dressed and prepare for practice or game. **No horse play is allowed in the locker room.** I will not bring any electronic devices in the locker room. I will make sure that I clean up after myself and not make a mess of the locker room. I will not be allowed to leave until all trash is cleaned up.

Penalties for Breach of Player Promises.

If I break any of my promises in this Player Contract, I agree that the coaches may give me a warning or ask me to leave the ice (Minor Penalty). If I continue to be disrespectful of these promises, I may be asked to leave the ice, have a meeting with the coach and parents, or be

benched for several shifts, a period or a game (Major Penalty) and eventually dismissal from the team. I acknowledge that the penalty for breaking my promise will be determined by the coaches based on how often I have broken my promises and the nature of my conduct and the circumstances at the time of the incident.

Carolina Junior Hurricanes Player Code for Banned Substances and Illegal Acts

The best performance the individual is capable of producing comes only after the body and mind have been conditioned through a regular program. This code is to be followed by all hockey players. The following shall be considered violations of this Code of Conduct:

ALCOHOLIC BEVERAGES – The possession and/or use of alcoholic beverages.

CONTROLLED SUBSTANCE AND PARAPHERNALIA – The possession and/or use of controlled substances or paraphernalia in situations other than specifically prescribed by a physician.

TOBACCO – The possession and/or use of tobacco products (any use – smoking, chewing, vaping, etc.)

ILLEGAL ACTS – Getting involved in illegal activities such as (but not limited to) theft, assault, vandalism, disorderly conduct, etc.

Penalties for Code of Banned Substances and Illegal Acts

The Disciplinary Board members will be selected by the Carolina Junior Hurricanes Board of Directors and will be responsible for investigating and enforcing all code violations. In the event a violation is reported to the organization, the Disciplinary Board shall notify the player and his parent(s) and provide them with the opportunity to address the alleged violation. The Disciplinary Board shall then meet to consider all information relating to the violation and determine, in the Disciplinary Boards discretion, whether or not a violation occurred.

No meeting shall be required if the player and his parent(s) admit the violation occurred.

If the player and parent(s) disagree with the decision of the Disciplinary Board, they may appeal that decision to the Carolina Junior Hurricanes Board of Directors.

In the event a violation is found, for any of the above described violations , the penalty shall be as follows:

1st Offense – for violation of the Banned Substances or Illegal Acts, with the minimum penalty, including but not limited to, a thirty (30) days suspension from any/all team’s activities and events and twenty (20) hours of documented community service by the player, up to the maximum penalty of immediate expulsion from the team, with all penalties to be determined by the Carolina Eagles Discipline Committee. All game suspensions and community service hours must be completed, with proof of completion, prior to reinstatement. If a player violates any Banned Substance or Illegal Acts, as stated above, there will be no reimbursement of registration or tuition fees, no matter when the violation is committed.

2nd Offense - Player will be **immediately** removed for the remainder of the season without reimbursement of registration fees no matter when the violation is committed.

This Code of Conduct is to be in full force on a year round basis, from registration to registration.

Carolina Junior Hurricanes Youth Hockey Club Parent Code of Conduct Contract

Parents play a major role when it comes to influencing youth hockey players to display good sportsmanship. Children often see their parents as role models and look to replicate their actions.

The code of conduct is intended to establish a policy that will return a level of mutual respect to the game. Every parent will be asked to sign and return this prior to your child taking the ice as a member of the Carolina Junior Hurricanes. Failure to abide by the code of conduct will result in a warning. Repeated breach of the code will result in suspension from team events.

24-hour rule. I agree that I will not discuss any concerns from a game, practice or team event with any member of the team staff for a period of 24 hours after the game, practice or team event. In addition I will review the issue with my son/daughter and then if I feel it needs to be addressed, I will approach the team manager or coaching staff and respect the process that is in place for the resolution of team issues.

As a parent. I acknowledge and respect the relationship and commitment my son/daughter makes to be a member of a team. I realize and understand that my son/daughter needs to adhere to the values and goals of their coach and the Carolina Junior Hurricanes Hockey Association in order to learn individual and team skills. As a role model for my son/daughter I agree to conduct myself in a manner that will allow the values and goals of the team and the organization to be achieved. The code of conduct has been created to guide parents to achieve a level of mutual respect that will allow all sports participants to enjoy the full benefit of the events

PARENTS ACKNOWLEDGE AND WILL FOLLOW AS LISTED BELOW:

1. Treat everyone fairly within the context of his or her role in the activity, regardless of gender, place of origin, race, sexual orientation, religion, political belief or economic status.
2. Ensure that comments or constructive criticisms are provided to the team or Association to encourage improvement.
3. Consistently display high personal standards and project a favorable image of the team, the association and the sport.
4. Understand that when my child is on the ice, the coaches do the coaching. I will not yell instructions to my child from the sidelines or give my child instructions counter to those

- of the coach.
5. Recognize the importance of coaches and take the time to attend team meetings to get to know my child's coach's philosophy, expectations, and guidelines. I will communicate with my child's coaches and support them.
 6. I will remember that "wins" are based on my child's performance, teamwork, and playing within the rules.
 7. Support Carolina Junior Hurricanes Hockey's zero tolerance policies by:
 - a. **Not publicly criticizing players, coaches, officials, volunteers and other parents.**
 - b. **Not being under the influence of alcohol, or any illegal drug while in the presence of the athletes at events.**
 - c. **Not using profane, insulting, harassing, or other wise offensive/derogatory language."**
 8. Communicate promptly and completely with coaching staff regarding diagnosis by registered medical practitioners treatment and management of the athlete's medical problems. Consider the athletes' future health and wellbeing foremost when making decisions regarding a time frame for return to playing or training.
 9. Understand **that team performance goals** take precedence **over individual goals**.
 10. I understand the importance of skill development. For the lower age groups, I will remember that practices benefit my child more than games.
 11. Treat opponents and officials with due respect both in victory and defeat, and encourage athletes to act accordingly.
 12. Actively encourage athletes to uphold the rules of their sport and spirit of the rules.
 13. I will respect locker rooms as private areas for players, coaches, and officials.
 14. I will not place unreasonable expectations on my child.
 15. Discuss all concerns with team staff in a responsible, respectful and open-minded manner.

If a parent has an issue with a coach's application of a penalty, they shall bring this information to the Parent/Player/Coach representative for their child's team.

Penalties for Breach of Parent Promises.

If I break any of my promises in this Parent Contract, I agree that the Organization may give me a warning or ask me to leave the rink. If I continue to be disrespectful of these promises, I may be asked to have a meeting with the coach/organization where I may be asked to remain from the rink for multiple games. I acknowledge that continuing to break this promise could result in removal from watching my player for the remainder of the season.

I acknowledge that discipline for breaking my promise will be determined by the coach/organization based on how often I have broken my promises and the nature of my conduct and the circumstances at the time of the incidents.

I (WE) agree to the Code of Conduct Contract for the Carolina Junior Hurricanes Youth Hockey Club and understand that by accepting the terms here I/we agree to comply with them.