



## Carolina Jr. Hurricanes Hockey Association Concussion Protocol/Policy

It is mandatory that at least one coach on the bench or on the ice at any time has the PAR Concussion app loaded on their phone. This may require more than one coach to have the app loaded in case a dedicated coach is not present for a game or practice.

Accepted current medical practice and the law in most states (Includes NC) requires that any athlete with a suspected Sports Related Concussion (SRC) is immediately removed from play.

Once removed from immediate play, the appropriate coach will administer the PAR APP. It is imperative this be done immediately upon removing the player from play at that time.

Once complete, the APP will indicate either a Green or Red indicator at the end of the questioning process.

Green Indicator – “A concussion is Not suspected at this time”

“A concussion is not suspected. However, the player should be observed for any symptoms that might appear after a period of time. Inform parent/guardian and recommend they check for symptoms through the remainder of the day/evening”. If no symptoms appear, the player may resume playing/practicing as usual. If symptoms appear, the coach must remove the player from play and follow the protocol for a suspected concussion as per below.

Red Indicator – “Concussion Expected”

“You indicated there was a likely blow to the head and symptoms were reported. Remove the player from play RIGHT AWAY and restrict participation for the rest of today”.

The player must be removed immediately. The parent or guardian must be informed of the suspected concussion. You must recommend further medical evaluation. The player may not return to regular games or practices until a VERIFIED medical professional has cleared the player to play. The “Concussion Return To Play Form” (can be found on the Junior Hurricanes website under “Resources”, then “Policies and Procedures” must be filled out by the medical professional and submitted to “returntoplay@juniorhurricanes.org” before the player can return to normal play.