



## Off Season Workout Space Rules

We understand that coaches and players will be interested in using the workout space over the summer. We have worked out the following requirements in order to use the space from Apr 1 through Aug 31.

### General Rules

1. No player may be in the space without an adult at any time
2. When coaches bring players to the space, they must be attentive to the equipment and make sure they have enough supervision to monitor players properly who are using the equipment, especially the weightlifting apparatus
3. NO FOOD in the space – only drinks will be allowed
4. Equipment MUST BE RETURNED to its original place after every use

### Rental Procedure

The procedure below is for private rental opportunities, specifically for a coach or trainer wanting to use the space to train one or more players for a specific amount of time. The costs below DO NOT pertain to teams using the space to warm up before a game or practice (i.e. before state games, a summer tournament). However, those teams must still reserve the space using the reservation link. The rental procedure pertains to both the shooting cages and the open space, although a group may use both areas within their time allotment.

1. The space MUST be reserved using the following link:

[Workout Space Reservation Spreadsheet - Google Sheets](#)

2. The space can be reserved in either ½ hr or 1hr increments
3. Cost is \$35 for a rental not exceeding 1/2hr
4. Cost is \$60 for a rental exceeding 1/2hr (rentals are limited to 1hr unless a special request has been granted)
5. The coach or instructor will be invoiced weekly/monthly for their rentals
6. The coach/instructor is responsible to ensure all the **General Rules** above are followed