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25

WE ARE CAROLINA

TO BE RATHER THAN TO SEEM

Written on the Great Seal of North Carolina is the latin phrase “Esse quam videri”, which translates to “To be rather than to seem.” Put differently, actions speak louder than words. Or, as seen on the wall in the Carolina Hurricanes team room at Invisalign Arena (a phrase borrowed from Pittsburgh Steelers coach Mike Tomlin), “the standard is the standard.”

It’s also the theme for this year’s program guide, where we’re excited to outline the program that will serve nearly 800 young hockey players and their families during the 2024-25 season.

At the most basic level, all youth hockey programs seem fairly comparable. There are teams at various competitive tiers and designations, there are practices, there are games, and so on. But looking across the region, why are all of these programs that *seem* similar, not similar?

The explanation is in the way the question, “**What happens when 1000 other people want exactly what you want?**”, gets answered.

In today’s youth hockey, it’s possible to go from being an A hockey player to a AA hockey player, or go from a AA player to a AAA player without getting any better, or potentially without even changing teams, because if 1000 different players want the same thing, we’ll just figure out a way to make it *seem* like all 1000 get what they want.

But when there’s a board battle in a hockey game, you don’t throw out more pucks to make it easier to come out of the corner with it. There’s one puck, and there are lessons to be learned from losing it.

This guide outlines the program we offer as building blocks from 8U through 18/19U to allow players the opportunity to pursue and reach collegiate hockey without leaving home until after high school, from both the Tier 1 and Tier 2 levels, if that’s the path they choose.

But there is no path to advance in youth hockey, Junior hockey, or collegiate hockey that offers a shortcut around struggle, adversity and failure. Our secret ingredient is developing the resilience and perseverance required to **be** the one out of 1000 reaching their goals instead of offering the opportunity to **seem** like they’re getting closer to it.

Our place among the best youth associations in the country doesn’t bring credibility to Carolina hockey. It’s the credibility - driven by the desire of our players and families to **be** rather than to **seem** - that’s earned us that place. It’s because we are Carolina.

USA YOUTH HOCKEY ASSOCIATION RANKINGS	
TOP 50	#44 - CAROLINA JUNIOR HURRICANES
51 - 100	#70 - Nashville Jr Predators #75 - Team Maryland
101-200	#165 - Queen Cty Royals #178 - Carolina Rage / Maine Nordiques #189 - Raleigh Raptors
201-350	#266 - Carolina Premier Hockey #341 - NC Golden Bears

AMERICA'S BEST AAA HOCKEY IS COMING TO CAROLINA

The **TIER 1 ELITE HOCKEY LEAGUE** is the top nation-wide Tier 1 AAA league in the United States with 17 of the 25 member associations ranked in the top 50, now including the top-50 ranked Carolina Junior Hurricanes. The National Bound division (13U and older) events are heavily scouted by NHL, NCAA, OHL and USHL personnel, and the games provide the highest level of league competition in American youth hockey.

Junior Canes 10U AA Black (2014), 11UAAA (2013), 12UAAA (2012), 13UAAA (2011), 14UAAA (2010), 15UAAA (2009) and 16UAAA (2008) teams will join the T1EHL starting with the 2024-25 season.



WE ARE CAROLINA

NEW FOR 2024-25

LEAGUE CHANGES FOR JUNIOR CANES 12U AND OLDER BLACK TEAMS

- 12U+ Black teams will compete as members of the Atlantic Hockey Federation (AHF)
 - At 16U, 2008 Red will compete in AHF and 2008 Black will be independent
- Single birth-year divisions for minor year teams
- True AA competition spanning the mid-Atlantic and Northeast
- Non "stay to play" showcase based schedule to better control travel and expense

NEW DRY-LAND FACILITY CONSTRUCTION AT POLAR ICEPLEX

- Two multi-purpose rooms configured and outfitted with equipment to allow teams to conduct age-appropriate off-ice workouts
- Team multi-media classroom for video review, chalk talk and virtual training studio

STAFF REALIGNMENT TO BETTER SERVE OUR MEMBERSHIP

- **COMING SOON** - The Junior Canes are excited to announce strategic changes to our organizational structure as well as new additions to our staff starting with the 2024-25 season based on member feedback and to better align with our long-range strategy

2024-25 JUNIOR CANES SEASON KICKOFF EVENTS

AAA OPEN TRYOUTS (COED)

APRIL 15 - APRIL 24

For players not currently on Junior Canes AAA rosters born between 2008 & 2013, with exact dates and times for each session TBA.

- Two weeknight evaluation skates for each birth year open to all interested players not currently on 2024 Junior Canes AAA teams
- Sessions will either be a series of drills and small area games, full ice 5 on 5 scrimmages, or a combination of both
- Selections from the open tryout will receive an invitation to the Junior Canes Elite 50 camp where our AAA rosters will be finalized
- All players are guaranteed to skate both nights

Current Junior Canes AAA players are excluded to allow evaluators an opportunity to better observe “new” players, and to allow players an opportunity to better demonstrate their abilities with more time on the ice and on the puck, at a lower cost.

OUT OF TOWN PLAYERS: For players located outside of the area, you will be contacted by our staff after registration to evaluate based on video/references

JUNIOR CANES ELITE 50 CAMP

APRIL 26 - APRIL 28

Invitation only camp for players born between 2008 & 2013

- A unique, high-intensity development & competitive opportunity for the top 50 players in each birth year
- Full three-day camp for all participants
- Sessions include drills and small area games, full ice 5 on 5 scrimmages, or a combination of both
- Schedule includes off-ice workouts and classroom sessions covering a variety of critical topics for elite players and their families

JUNIOR CANES AAA GIRLS TRYOUTS

APRIL 26 - APRIL 28

Open registration tryout for 14U, 16U and 19U girls

- Sessions include drills and small area games, full ice 5 on 5 scrimmages, or a combination of both
- Schedule includes off-ice testing and classroom sessions covering a variety of critical topics for elite players and their families

JUNIOR CANES TIER 2 TRYOUTS

MAY 10 - MAY 12

Open registration tryout for all Tier 2 co-ed and girls teams

ADDITIONAL DETAILS AND REGISTRATIONS COMING MARCH 11

2024-25 JUNIOR CANES PROGRAM GUIDE

- 6 PLAYER DEVELOPMENT
- 7 COLLEGE / JUNIORS ADVANCEMENT
- 9 THE JUNIOR CANES EXPERIENCE
- 10 2024-25 LEAGUE AFFILIATIONS
- 10 TOURNAMENT SELECTION
- 11 STRATEGIC PRACTICE SCHEDULING
- 12 JUNIOR CANES TIER 1 AAA PROGRAM
- 15 JUNIOR CANES BLACK TEAM PROGRAM
- 18 JUNIOR CANES RED TEAM PROGRAM
- 21 JUNIOR CANES WHITE TEAM PROGRAM
- 22 JUNIOR CANES TIER 2 GIRLS PROGRAM
- 25 NEW COACH BIOS
- 29 CULTURE



MARY DERRENBACHER (2008 Junior Canes - 9U through 14U) CELEBRATES HER GOAL VS SWEDEN IN THE 2024 IIHF WOMEN'S 18U WORLDS IN JANUARY. MARY AND TEAM USA WON THE GOLD MEDAL WITH AN 8-1 WIN OVER SWITZERLAND. MARY IS THE ONLY PLAYER FROM THE SOUTHEAST AND THE ONLY 15U PLAYER ON THE TEAM USA ROSTER



OPPORTUNITY

The reasons to play youth hockey are endless. The reason to play Junior Canes youth hockey boils down to the unique and unrivaled opportunity we deliver our athletes to **develop, compete, advance** and **experience** life-long memories and life-changing growth.

85% rate the Junior Canes as the best opportunity for player development

Every program in America is designed to help make players better, but it's our emphasis on making ourselves better at player development that exemplifies the relentless pursuit of improvement that separates our programming from anyone else across the region.

Our 2024-25 development program begins with **a single, consistent system and style of play that will span across the entire association** in order to allow our staff to plan an age-specific and level-appropriate curriculum for all players. We will utilize the **IHS (Ice Hockey Systems)** and **HUDL** platforms to build a central library of drills and practice games as well as a video library so coaches can use game film from their teams, or other Junior Canes teams, to strengthen technique, awareness, hockey IQ, positioning, movement, and every other facet of the game.

We are also excited to announce an off-season project to **renovate the upstairs space at Polar Ice Raleigh (IcePlex)** into two multi-use dry land training rooms, a dedicated space for film review, and our **SenseArena VR goalie training** space. This investment, in addition to our existing video room, **weight room** and **shooting cages** at Invisalign Arena, will add nearly 50 hours of off-ice instruction for each player.

Development and improvement is not possible without evaluation and feedback, and we are revamping our **TeamGenius player evaluation process** to align with the org-wide system of play to help players pinpoint specific opportunities for improvement. We are also improving the way we evaluate and provide feedback to coaches by utilizing a **fully-dedicated Director of Coaching** and shortening the feedback loop with **more frequent player/parent surveys** to ensure that our coaches are growing along with our players throughout the course of the season.

91% of Junior Canes families are satisfied with our competitive schedule

The 2024-25 season will bring significant change to the competitive landscape throughout the Carolinas. Traditionally, our minor year Black teams (11U, 13U, etc.) and Red teams will compete against other NC/SC-based associations' mixed birth year Tier 2 AA teams. Next year, a handful of these mid-ranked AA teams will classify as Tier 1 teams, causing concern that the level of local competition at both the Tier 1 and Tier 2 levels will drop considerably.

To protect the integrity of our competitive schedule, we have created the role of **Hockey Director** to lead the **re-alignment of league affiliations** and **revamp tournament selection** for our boys and girls AAA, Black, Red and White teams for the upcoming season. The scheduling strategy will be based on **maintaining a high-level of competition** while being smart about when and where we travel to get the most out of the competitive experience.



ADVANCEMENT

There are fewer than 5000 players playing Division I or Division III NCAA men's or women's hockey, which is less than 1% of registered youth hockey players in the United States. If you include athletes playing AAU or ACHA collegiate club hockey, that number jumps to 3%-4%.

While advancement is NEVER guaranteed, over 90% of area hockey families believe the Junior Canes provide the best opportunity for hockey advancement because our players have a track record of making the most of that opportunity from both the Tier 1 AAA and Tier 2 AA levels.

72 Junior Canes alums played college hockey in 2024, with 34 more playing Juniors

For male athletes, all roads to NCAA hockey eventually go through Juniors, either after 12th grade or after 16U. For women's NCAA hockey, and for those who strive for AAU/ACHA collegiate hockey, there's a possible path from high school to college. Our commitment is to provide our membership with the opportunity to pursue and reach their advancement goals, from both Tier 1 AAA and Tier 2 AA, without leaving home until they are ready to do so.

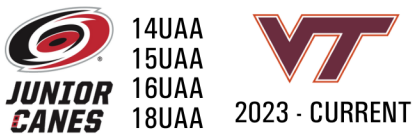
MEANINGFUL EXPOSURE

For all but a handful of players, the key in youth hockey is to earn exposure to the Junior hockey leagues that get scouted by NCAA programs. The sweet spot for these scouts lies within the **top 50 AAA teams** and **top 20 AA teams**. There are hundreds of top 80-100+ AAA teams that promise exposure, but there is more interest in top AA teams because scouts know that rankings are earned while letters can be purchased.

CAHA bylaws allow our AAA teams to roster non-NC/SC players, provided at least 70% of the roster is made up of NC/SC players. Attracting and recruiting out of area players is critical in maintaining that high level of play at both the AAA and AA levels to allow our homegrown players the chance to stay home and pursue their collegiate hockey goals.

INVESTING IN ADVANCEMENT FOR 2024-25

- Premium EliteProspects memberships
- HUDL highlight solutions
- Advancement Coordinator (coming soon)
- Family/player education starting at 9U



2013 - 2022 (10U/12U/14U/16U/19U)



2022 - CURRENT



EMMA BRESETT - WILKES (NCAA DI)
JUNIOR CANES 2004 BIRTH YEAR



2010 - 2018 (10U/12U/14U/16U)



2018 - 2020



2020 - 2022



2022 - CURRENT



NICK YOUNG - UNION (NCAA DI)
JUNIOR CANES 2001 BIRTH YEAR





**JUNIOR
CANES**

EXPERIENCE

TEAM SERVICE PROJECTS

Each Junior Canes team gives back to the community by participating in a team-led service project each season. While these projects serve as tremendous team building opportunities, it also allows our athletes an opportunity for personal growth and a strong perspective on the power of resilience and perseverance. Most importantly, our service projects directly help those in need. Past projects have supported women's shelters, food banks, schools, veteran's services, animal shelters and many more tremendous causes throughout the Triangle area.

LEADERSHIP AND VOLUNTEER OPPORTUNITIES

For our high school aged athletes with volunteer hour requirements, the Junior Canes offer many opportunities to build a stronger community by working with younger athletes. Players are encouraged to connect with head coaches of our younger teams and our Super 8 program to build leadership skills, provide meaningful mentorship, and earn volunteer hours on the ice.





ICE PROGRAM

RETURN TO TIERED PROGRAMMING

With the explosive growth of youth hockey across the Carolinas, one size does not fit all anymore. Taken directly from membership feedback, the Junior Canes are returning to tiered programming for the 2024-25 season in order to better serve the different segments of our membership.

This does not mean a change in focus or standards at the different tiers, it's solely a way to make our program more accessible from a cost, time commitment and travel perspective.

LEAGUE AFFILIATION

While the Junior Canes continue to support the Carolinas Hockey League (CHL) as our primary league partner, many of our traditionally independent teams will be joining leagues in 2024-25 to maximize exposure opportunities and ensure the highest level of competition possible.



The **TIER 1 ELITE HOCKEY LEAGUE** is the top rated nationwide Tier 1 league in the US, including fellow top-50 organizations like Dallas Stars Elite, St Louis Junior Blues, Ohio Blue Jackets, Victory Honda and more. Junior Canes 10U Black, 11UAAA, 12UAAA, 13UAAA, 14UAAA, 15UAAA and 16UAAA have accepted an invitation to join for the 2024-25 season and beyond.

The **NATIONAL GIRLS HOCKEY LEAGUE** is an elite girls hockey league focused on advancement. The nation-wide league features top organizations such as Buffalo Regals, Utah Lady Grizzlies and New Jersey Bandits.

The **ATLANTIC HOCKEY FEDERATION** is a top-level Tier 2 league covering the mid-Atlantic and Northeast, along with "National League" teams like Naperville Sabres (IL), Anaheim Jr. Ducks (CA) and Chesterfield Falcons (MO). Our 12U -15U Black, 16U Red and 18U Black teams will compete in birth year divisions in the South Conference (VA/MD).

EVENT / TOURNAMENT SELECTION

All teams are allocated a budget to cover the cost of tournament entry fees. During the start of each season, teams will meet to discuss and propose a plan for tournaments that will be reviewed and approved by our Hockey Director to ensure age, level and cost appropriate selections.

T1EHL, NGHL and AHF teams will have league showcase events included in their team budget and will select additional events. 16U Black will attend two USPHL/NCDC 16U Showcases in addition to team-selected scouted events. CHL teams will choose their own tournaments.

All 13U and older teams will have the option of National Bound status.

ENHANCED PLAYER DEVELOPMENT

Player development is the backbone of the Junior Canes program, and there are major changes coming in 2024-25 to enhance this critical program component to better serve all of our athletes. By shifting towards a bi-weekly schedule for a number of teams, we're able to cut down on fatigue and wear and tear while also ramping up the intensity and the difficulty. For a large segment of teams, we're shifting the focus towards more battle drills and small-area games to develop proper technique in game-like settings, but also to reinforce the importance of "compete-level". Our team coaches will be more involved to keep the workouts high-intensity and fast-paced.

REVAMPED JUNIOR CANES WHITE TEAM PROGRAM

While our intense practice schedule and emphasis on player development is a draw for many of our members, we also understand that there's a very valuable segment of our membership that wants to play competitive travel hockey but also has other priorities outside of hockey. We've revamped our White team program for 2024-25 by offering the opportunity to reap the benefits of competitive hockey, but at a lower cost and a more forgiving commitment level. For our 9U-12U White team families who are still working through what they want from youth hockey, we're offering the option to enroll in Player Development sessions versus including it in the program. For 13U-16U White team families, we'll be offering ad hoc Player Development opportunities throughout the year to allow more seasonal flexibility for school sports and other commitments.

STRATEGIC PRACTICE SCHEDULING

Because the cost of ice makes up over 85% of the expenses covered by membership dues, we are maximizing the use of our ice slots by aligning the schedule with age and level appropriate on-ice and off-ice programming.

- Negotiated with Polar to reserve the most **high-demand practice slots** for Junior Canes teams and turn in over half of our non-peak practice time slots
- Scheduled teams so that 9U-12U players will be home by early evening and middle school and high school aged players would be able to participate in school sports
- Aligned teams based on **age-appropriate workout facilities** with our weight room at Invisalign Arena and our new, three-room multi-use strength and agility facility upstairs at IcePlex
- Paired teams strategically to create opportunities for **collaboration / mentorship**
- **Practice days based on anticipated travel** schedules as much as possible (ex. teams in Friday-to-Sunday showcase-based leagues scheduled M-T-W, teams expected to travel to Saturday-to-Monday events like MyHockey scheduled Tuesday-Friday)

SUPER 8 PROGRAM (for 8U players)

Our popular Super 8 program returns for another year for boys and girls interested in experiencing travel hockey. A first-come, first-serve open registration program, the Super 8s go through a weekly player development session and compete as Junior Canes 8U teams in three travel tournaments during the course of the season.

The cost of the program is \$925 for entire season, which includes uniforms, on-ice practices and tournament fees. Registration will open up in late Spring. Players will be evaluated in September to place them in level-appropriate training and competitive groups. The purpose of this process is **not** to create "super teams", but to help our staff deliver the most effective player development program for all of our Super 8 participants.

We will form multiple girls and boys teams.

TIER 1 PROGRAM

19U GIRLS AAA (2005, 2006, 2007)

Coach: Austin Swingle

League: NGHL

Season cost: \$7200

Practice schedule

Mondays 8:00 - IcePlex (Weekly player Development)

Tuesdays 5:15 - Invisalign Arena (Shared)

Wednesdays 8:00 - IcePlex (Shared)

Home game slots: 8

Event budget: Equivalent of 8 events

16U GIRLS AAA (2008, 2009)

Coach: Sarah Swingle

League: NGHL

Season cost: \$7200

Practice schedule

Mondays 8:00 - IcePlex (Weekly player Development)

Tuesdays 5:15 - Invisalign Arena (Shared)

Wednesdays 8:00 - IcePlex (Shared)

Home game slots: 8

Event budget: Equivalent of 8 events

14U GIRLS AAA (2010, 2011)

Coach: Abbey Luth

League: NGHL

Season cost: \$7100

Practice schedule

Mondays 8:00 - IcePlex (Weekly player Development)

Tuesdays 8:00 - Garner (Full ice)

Wednesdays 6:30 - Wake Forest (Shared)

Home game slots: 8

Event budget: Equivalent of 8 events

16U AAA (2008)

Coach: Justin Williams

League: Tier 1 Elite Hockey League

Season cost: \$8000

Practice schedule

Tuesdays 8:00PM - Invisalign Arena (Weekly Player Development)

Wednesdays 8:00 - Invisalign Arena (Full ice)

Flex-schedule weekend practices

Event budget: Equivalent of 7 events

15U AAA (2009)

Coach: Marc Genest

League: Tier 1 Elite Hockey League

Season cost: \$8000

Practice schedule

Tuesdays 6:45 / 8:00 (alt. weeks) - Invisalign Arena (Weekly Player Development)

Wednesdays 9:00 - Invisalign Arena (Full ice)

Flex-schedule weekend practices

Event budget: Equivalent of 7 events

14U AAA (2010)

Coach: Jocelyn Langlois

League: Tier 1 Elite Hockey League

Season cost: \$7650

Practice schedule

Tuesdays 6:30 - Invisalign Arena (Weekly Player Development)

Wednesdays 7:45 - Invisalign Arena (Full ice)

Flex-schedule weekend practices

Event budget: Equivalent of 7 events

13U AAA (2011)

Coach: Justin Blaszak

Assistant Coach: Steve Rice

League: Tier 1 Elite Hockey League

Season cost: \$7100

Practice schedule

Tuesdays 6:30 - Invisalign Arena (Weekly Player Development)

Wednesdays 6:45 - Invisalign Arena (Full ice)

Flex-schedule weekend practices

Event budget: Equivalent of 6 events

12U AAA (2012)

Coach: John Stockler

Assistant Coach: Patrick Kimball

League: Tier 1 Elite Hockey League

Season cost: \$6170

Practice schedule

Mondays 5:30 - Invisalign Arena (Shared)

Tuesdays 5:30 - Invisalign Arena (Weekly Player Development)

Wednesdays 6:30 - Invisalign Arena (Full ice)

Home game slots: 6

Event budget: Equivalent of 6 events

11U AAA (2013)

Coach: Colin Muldoon

League: Tier 1 Elite Hockey League

Season cost: \$6170

Practice schedule

Mondays 5:30 - Invisalign Arena (Shared)

Tuesdays 5:30 - Invisalign Arena (Weekly Player Development)

Wednesdays 5:15 - Invisalign Arena (Full ice)

Home game slots: 6

Event budget: Equivalent of 6 events

TIER 2 PROGRAM - BLACK TEAMS

18U BLACK (2006, 2007)

Coach: Bob Gipp

League: Atlantic Hockey Federation (AHF)

Season cost: \$4330

Practice schedule

Mondays 8:00 - Garner (Full ice - biweekly)

Tuesdays 9:15 - IcePlex (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

16U BLACK (2008)

Coach: Dustin Harris

League: Independent AAA Showcase Schedule

Season cost: \$5300

Practice schedule

Mondays 8:00 - Invisalign Arena (Full ice)

Tuesdays 8:00 - Invisalign Arena (Biweekly Player Development)

Wednesdays 9:15 - Invisalign Arena (Full ice)

Home games: Equivalent of 12 games

Event budget: Equivalent of 4 events (home game slots will be swapped for additional events)

15U BLACK (2009)

Coach: Derek Mazepa

League: TBD

Season cost: \$5410

Practice schedule

Mondays 8:00 - Wake Forest (Full ice)

Tuesdays 6:45 - Invisalign Arena (Biweekly Player Development)

Wednesdays 8:00 - Garner (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

14U BLACK (2010)

Coach: Jesse Boulerice

League: Atlantic Hockey Federation (AHF)

Season cost: \$5410

Practice schedule

Mondays 6:45 - Invisalign Arena (Full ice)

Tuesdays 6:45 - Invisalign Arena (Biweekly Player Development)

Wednesdays 6:45 - Cary (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

13U BLACK (2011)

Coach: Lucas Brozovich

League: Atlantic Hockey Federation (AHF)

Season cost: \$5410

Practice schedule

Mondays 6:45 - Wake Forest (Full ice)

Tuesdays 6:45 - Invisalign Arena (Biweekly Player Development)

Thursday 8:00 - IcePlex (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

12U BLACK (2012)

Coach: Nick Ceglio

League: Atlantic Hockey Federation (AHF)

Season cost: \$4950

Practice schedule

Mondays 6:30 - Invisalign Arena (Weekly Player Development)

Tuesdays 6:45 - Wake Forest (Shared)

Thursdays 6:45 - IcePlex (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

11U BLACK (2013)

Coach: Travis Harris

League: Carolinas Hockey League

Season cost: \$4950

Practice schedule

Mondays 6:30 - Invisalign Arena (Weekly Player Development)

Tuesdays 6:45 - Wake Forest (Shared)

Thursdays 5:30 - Invisalign Arena (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

10U BLACK (2014)

Coach: Cody Staves

League: Tier 1 Elite Hockey League

Season cost: \$4750

Practice schedule

Mondays 5:15 - Invisalign Arena (Weekly player Development)

Tuesdays 5:30 - Garner (Shared)

Thursdays 5:30 - Wake Forest (Shared)

Home games: 12

Event budget: Equivalent of 4 events

9U BLACK (2015)

Coach: Jared McMullen

League: Carolinas Hockey League

Season cost: \$4750

Practice schedule

Mondays 5:15 - Invisalign Arena (Weekly player Development)

Tuesdays 5:30 - Garner (Shared)

Thursdays 5:30 - Wake Forest (Shared)

Home games: 12

Event budget: Equivalent of 4 events

TIER 2 PROGRAM - RED TEAMS

16U RED (2008)

Coach: Colin Frament

League: Atlantic Hockey Federation (AHF)

Season cost: \$5260

Practice schedule

Mondays 7:45 - Invisalign Arena (Biweekly player Development)

Tuesdays 8:00 - Garner (Full Ice)

Wednesdays 8:00 - Cary (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

14U RED (2010)

Coach: Jim McShane

League: Carolinas Hockey League

Season cost: \$4690

Practice schedule

Mondays 7:45 - Invisalign Arena (Biweekly player Development)

Tuesdays 8:00 - IcePlex (Shared)

Thursdays 8:00 - Invisalign Arena (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

13U RED (2011)

Coach: Bobby Hathaway

League: Carolinas Hockey League

Season cost: \$4690

Practice schedule

Mondays 7:45 - Invisalign Arena (Biweekly player Development)

Tuesdays 8:00 - IcePlex (Shared)

Thursdays 6:45 - Wake Forest (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

12U RED (2012)

Coach: Andrew Zimmerman

League: Carolinas Hockey League

Season cost: \$4690

Practice schedule

Mondays 5:30 - Cary (Full ice)

Tuesdays 6:45 - IcePlex (Biweekly Player Development)

Thursday 6:30 - Invisalign Arena (Shared)

Home games: 12

Event budget: Equivalent of 4 events

11U RED (2013)

Coach: Nick Sabo

League: Carolinas Hockey League

Season cost: \$4045

Practice schedule

Tuesdays 7:15 - Wake Forest (Shared)

Thursdays 6:30 - Invisalign Arena (Full Ice)

Home games: 10

Event budget: Equivalent of 3 events

10U RED (2014)

Coach: Trey Gering

League: Carolinas Hockey League

Season cost: \$4545

Practice schedule

Tuesdays 6:45 - IcePlex (Biweekly player Development)

Wednesdays 5:15 - Wake Forest (Shared)

Thursdays 5:15 - Invisalign Arena (Shared)

Home games: 12

Event budget: Equivalent of 4 events

9U RED (2015)

Coach: Dylan Hudock

League: Carolinas Hockey League

Season cost: \$4545

Practice schedule

Tuesdays 6:45 - IcePlex (Biweekly player Development)

Wednesdays 5:15 - Wake Forest (Shared)

Thursdays 5:15 - Invisalign Arena (Shared)

Home games: 12

Event budget: Equivalent of 4 events

TIER 2 PROGRAM - WHITE TEAMS

16U WHITE (2008, 2009)

Coach: Mike Lendroth

League: Carolinas Hockey League

Season cost: \$4450

Practice schedule

Thursdays 8:00 - Wake Forest (Biweekly full ice)

Fridays 9:00 - Invisalign Arena (Full Ice)

Home games: 12

Event budget: Equivalent of 4 events

14U WHITE (2010)

Coach: Zach Tanner

League: Carolinas Hockey League

Season cost: \$4350

Practice schedule

Tuesdays 8:30 - Wake Forest (Full ice)

Thursdays 8:00 - Wake Forest (Biweekly full ice)

Home games: 12

Event budget: Equivalent of 4 events

13U WHITE (2011)

Coach: Shane Paulan

League: Carolinas Hockey League

Season cost: \$4350

Practice schedule

Mondays 8:00 - Garner (Biweekly full ice)

Thursdays 8:00 - Garner (Full ice)

Home games: 12

Event budget: Equivalent of 4 events

12U WHITE (2012, 2013)

Coach: Mike Ford

League: Carolinas Hockey League

Season cost: \$4345

Practice schedule

Tuesdays 7:15 - Wake Forest (Shared)

Thursdays 6:45 - Garner (Shared)

Home games: 12

Event budget: Equivalent of 4 events

10U WHITE (2014)

Coach: Jason Austin

League: Carolinas Hockey League

Season cost: \$4345

Practice schedule

Mondays 6:45 - Garner (Shared)

Fridays 5:30 - Cary (Shared)

Home games: 12

Event budget: Equivalent of 4 events

9U WHITE (2015)

Coach: Brian Scully

League: Carolinas Hockey League

Season cost: \$4345

Practice schedule

Mondays 6:45 - Garner (Shared)

Fridays 5:30 - Cary (Shared)

Home games: 12

Event budget: Equivalent of 4 events

WHITE TEAM PLAYER DEVELOPMENT (2008-2015)

Opt-in Program for White team players

Season cost: \$350

Practice schedule

14U & 16U: Mondays 7:45 - Invisalign Arena (Bi-Weekly Optional PD)

11U, 12U & 13U: Fridays 6:45 - Cary (Bi-Weekly Optional PD)

9U & 10U: Tuesdays 6:45 - Ice Plex (Bi-Weekly Optional PD)

TIER 2 PROGRAM - GIRLS TEAMS

16U GIRLS BLACK (2008, 2009)

Coach: Steve Henley

League: NGHL, CBHL

Season cost: \$4670

Practice schedule

Mondays 8:00 - Cary (Full ice)

Tuesdays 6:45 - Garner (Biweekly Player Development)

Thursdays 7:45 - Invisalign Arena (Shared)

Home games: 10

Event budget: Equivalent of 4 events

14U GIRLS BLACK (2010, 2011)

Coach: Taylor Peltier

League: NGHL

Season cost: \$4670

Practice schedule

Mondays 6:45 - Cary (Full ice)

Tuesdays 6:45 - Garner (Biweekly Player Development)

Thursdays 7:45 - Invisalign Arena (Shared)

Home games: 10

Event budget: Equivalent of 4 events

12U GIRLS BLACK (2012, 2013)

Coach: Mike Tefft

League: Carolinas Hockey League

Season cost: \$4905

Practice schedule

Tuesdays 5:30 - IcePlex (Weekly player Development)

Wednesdays 6:30 - Wake Forest (Shared)

Thursdays 6:45 - Invisalign Arena

Home games: 10

Event budget: Equivalent of 4 events

10U GIRLS BLACK (2014, 2015)

Coach: Kevin Thomas

League: Carolinas Hockey League

Season cost: \$4530

Practice schedule

Tuesdays 5:30 - IcePlex (Weekly player Development)

Thursdays 6:45 - Cary (Shared)

Fridays 5:15 - Invisalign Arena (Shared)

Home games: 10

Event budget: Equivalent of 4 events

12U GIRLS RED (2012, 2013)

Coach: Justin Price

League: Carolinas Hockey League

Season cost: \$4600

Practice schedule

Tuesdays 6:45 - Garner (Biweekly player Development)

Thursdays 6:45 - Garner (Shared)

Fridays 7:00 - Invisalign Arena (Full Ice)

Home games: 10

Event budget: Equivalent of 4 events

10U GIRLS RED (2014, 2015)

Coach: Jessica Hughes

League: Carolinas Hockey League

Season cost: \$4330

Practice schedule

Tuesdays 6:45 - Garner (Biweekly player Development)

Thursdays 6:45 - Cary (Shared)

Fridays 5:15 - Invisalign Arena (Shared)

Home games: 10

Event budget: Equivalent of 4 events

NEW COACH BIOGRAPHIES

JOHN STOCKLER

John was born and raised playing hockey in Minnesota. He played Junior Hockey in both the NAHL and BCHL before going onto play NCAA Division 1 hockey for the University of Connecticut. John started his coaching career out of college and has coached over 25 years. John has coached college hockey, Junor hockey, Minnesota High School hockey, both boys and girls, and all levels of youth hockey. "My philosophy is all about teaching the game, developing skill and thought process, in a fun but disciplined environment. It is about learning how to be good team mates, especially when pucks are not bouncing for us or we are having a less then stellar game. This goes for the player and his/her family. Experience teaches us that in youth sports, especially hockey, parents and players all have to be on the same page if the season is going to have any success. I am excited about the opportunity to coach for the Junior Canes AAA U12 team."

JUSTIN BLASZAK

Justin Blaszak grew up in Los Angeles, CA and played 4 years professionally in North America and Europe. He is a level 5 USA Hockey Coach and his coaching philosophy provides a fun, hardworking environment where players have the opportunity to excel in skill development, skating, and team concepts by following an up-tempo and disciplined structure. Justin is coming from the California Bears youth hockey organization where he served as the Director of Player Development and a Head Coach since retiring in 2018. In 2020, he accepted the role as Director of Player Development, where he created a skating program in collaboration with the club's Hockey Director, Skating Coach, and Goalie Coach. By using a top-down approach and distributing the program to all players 8u-16u, the organization was able to facilitate long-term development pathways for young athletes and provide clear progression routes from grassroots participation to elite levels of competition. In addition to programming, he also contracted Power Edge Pro (PEP) as well as various sports technology platforms including; Iceberg Analytics (2018), Instat Analytics (2021), Hudl (2022), and The Prospect Exchange (2023).

As a Head Coach, Justin was able to gain experience coaching and developing players at the following levels; 10u A, 12u A/AA/AAA, 14u AA, and 15u AAA where five of his teams qualified for local/state playoffs. He also served as the Associate Head Coach for UCLA's Club Hockey team from 2018-2020. Along with his responsibilities of promoting his players, Justin also served as a scout. From 2019-2021 he was a Regional Scout for the Jamestown Rebels (NAHL), and from 2021-2023 he was the Director of Scouting for the Danbury Jr. Hat Tricks (NAHL).

TRAVIS HARRIS

Travis grew up playing hockey in the UP of Michigan where he played AA and AAA. He has coached Youth hockey for the past 8 seasons at both the AA and A levels. He also works with adult hockey for disabled veterans of all skill levels. He has helped to develop over 25 players who have moved up to AA and AAA hockey levels at youth and has helped over 12 players reach NCAA college hockey and 3 to junior hockey. He is also the founder and president of the Carolina Hurricanes Warriors disabled veteran ice hockey program which plays under the USA Hockey Warrior Division.

“My Philosophy has always been focused on player development first, and with that comes maturity, respect, personal growth, and winning. Teaching players the proper fundamentals teaches them the foundation of how to be a great player and teammates, not just on the ice but also off the ice as well. When players are truly vested in the coaching, training, and game development, they will not only surprise themselves with how good they can become, they will learn how to break through any ceiling or adversity they face and overcome adversity properly.”

LUCAS BROZOVICH

Lucas has coached every level of youth hockey for 15 seasons. He coaches College Hockey at University of Pittsburgh as well For the past 8 seasons he has been the hockey instructor and Director for the youth program in Pittsburgh PA. He is also a USA Hockey Level 4 Certified Coach.

“I have a building philosophy to make sure that players have F.U.N. Players need to enjoy coming to the rink, whether for practice or games, to build the passion for the game of hockey, that will keep them wanting to come to the rink and get better. Helping players understand the importance of being F-or one another; leaning into the team aspect and learning to have each other’s back, in both good and bad situations. Players need to U-tilize one another to become a great team; Lastly, players, both individually as well as collectively, develop the trait of N-ever allowing the opposition to know you are down, whether it’s a bad game or tough practice, you show individual and team character and learn to overcome the feeling and fight through, and overcome any adversity. It is my job as head coach, to make sure that having fun in a disciplined environment, can help players on and off the ice, as we strive to build not only great players but also great people.”

ANDREW ZIMMERMAN

"Hockey is much more than just a game. It's a way of living life, the hockey life and I have loved it for 10 seasons. For me, it is a privilege to have the opportunity to work with youth in a hockey environment, with life the lesson and hockey the tool. I have been fortunate enough to have coached at every skill level from Rec to AAA, and every age group from U8 to U20. Be it as a head coach, assistant, video coach or off ice coach. I've experienced many team roles on my journey and I have a strong background in strength and conditioning. I draw upon all of this when coaching a youth hockey team. I recognize that every player is different and that they respond to different styles and approaches, and I will develop a connection with each of them by building trust, being consistent and ensuring a constant undercurrent of FUN in a disciplined but competitive environment. I believe that every player can play the game a long time and at as high a level that they can dream of and be willing to work for. I will do everything I can to facilitate success. My coaching style and philosophy focus on intensity and hard work, thoughtful practice and thorough preparation, all the while keeping things simple and understanding what a special time it is in these players' lives. I am looking forward to bringing my 10+ years of coaching ice hockey to the Junior Canes as we have just relocated from Colorado to the Raleigh area.

RONALD GUILD

Ron grew up playing hockey in Seattle Washington for the Sno-Kings Hockey Association. He went on to play Junior Hockey in the AWHL, NAHL and USHL before attending and playing college hockey at ST Olaf College in Minnesota. Ron also managed the Herb Brooks Training Center in Blaine MN for 4 years teaching hockey skills and off-ice training to all age groups. Ron has served as an assistant coach for the Delano Boys Minnesota High School Hockey Team for the past 8 seasons. Ron has coached ages U8 through U14 in Minnesota. He has three sons, 10, 8, and 5.

"My Philosophy is to help players improve through skill and game development. Coaching = Teaching. Drills and games have very little value if the skaters do not know what they are working on, why they are working on it, and what they need to do differently to improve on what they are working on. I believe hockey is more than just the sport. Its as much about forming meaningful relationships, giving back to the community we live in, and making a positive impact on the lives of others. Hockey is a tool to teach about life lessons."

ZACH TANNER

"My love for hockey started at a young age playing goal. That love became a passion and that transferred into wanting to give back by teaching and coaching young players that had the same drive and passion." Zach's coaching career began as a position specific coach, working with goaltenders. It has since transitioned into being a bench coach. "My primary goal, as a coach, is to not only build athletes personal skill development, but also to instill values and work ethic that they will use on and off the ice the rest of their lives. I believe hard work, dedication, and learning to push oneself past their comfort zone and learn to overcome adversity." Zach takes pride in getting to know each and every player on his team, to ensure he know what makes them tick individually in order to maximize their growth as a player and person.

JARED MCMULLEN

Jared McMullen grew up in Rochester NY where he played youth hockey at both the AA/AAA levels. He has coached developing players at the 6U - 9U levels for the past three years. "My goal is to help players grow individually and as a team. It's to help them develop a love and passion for the game and to watch themselves improve and reach their potential both on and off the ice. Fun is the key ingredient to developing that passion. Wanting to come to the rink everyday and work hard is the result of that passion."

BRIAN SCULLY

Brian has coached at the College, High School, and youth hockey Levels for over 10 years. Most recently, he has enjoyed coaching the Jr Canes Super 8 program for the past two seasons. "I have been a part of the USA Hockey Ecosystem for over 25 years. As a coach, my philosophy extends beyond the boundaries of the rink and encompasses developing well rounded players both on and off the ice."

JIM MCSHANE

Jim, grew up playing youth hockey in Chicago. Upon graduation from high school, Jim went on to play at Northern Illinois University. He has coached youth hockey at different levels with the Jr Hurricanes, Eagle and Force Programs from U8 - U16. He and his wife Joni, have two sons who played hockey in Raleigh and in New England. "My philosophy is to help the players on my team, develop athletically, physically, and mentally within the sport of hockey. It is to place them in a challenging practice regiment, to allow them to develop quicker reaction time to make proper plays in close areas. "



**JUNIOR
CANES**

CULTURE

The history of youth hockey in North Carolina is long and storied. The history of the Carolina Junior Hurricanes Hockey Association only dates back to 2019.

While it seems like we've been here since the beginning, our story began four seasons ago when the two associations behind the success of North Carolina youth hockey - the Carolina Eagles and Raleigh Youth Hockey Association - merged to become the association we are today.

While the "what we do" has been clearly defined, "who we are" is still very much a work in progress. To continue to build towards becoming what we set out to be, we're including our core values in our 2024-25 guide to clearly outline who players, families and coaches are signing up to be.

Commitment

Fully invest yourself, never cut corners

Hard Work

Always give relentless effort in everything you do

Passion

Enthusiastically devote yourself to the game you love

Integrity

Be honest, truthful, and never compromise your principles

Sportsmanship

Be gracious in winning and losing, respect the brotherhood/sisterhood of hockey

Teamwork

Put aside individual accomplishment for collective achievement

Fun

Enjoy the game, cherish experiences, value the camaraderie of your teammates

Respect

Show consideration for teammates, coaches, referees, opponents and fans

Perserverance

Never give up

Resilience

Embrace the value of failure the same as the value of success